

# ITEM FACT SHEET

# GARDEN VEGETABLE (GF) (V)

A garden vegetable soup and a delicious vegan option. Beginning with a rich tomato broth we then add chunky potatoes, cut green beans, corn, green peas, diced carrots and tender



## Nutrition Facts

32	Servings per container	
<b>Serving Size</b>		<b>8 oz.</b>
<b>Amount Per Serving</b>		
<b>Calories</b>		<b>80</b>
		<small>% Daily Value*</small>
<b>Total Fat</b>	1 g	1%
Saturated Fat	0 g	1%
Trans Fat	0 g	
<b>Cholesterol</b>	0 mg	0%
<b>Sodium</b>	650 mg	28%
<b>Total Carbohydrate</b>	16 g	6%
Dietary Fiber	1 g	5%
Total Sugars	4 g	
Includes	0 g Added Sugars	0%
<b>Protein</b>	2 g	
Vitamin D	0 mg	0%
Calcium	27 mg	2%
Iron	1 mg	4%
Potassium	66 mg	2%

\*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



## PRODUCT SPECIFICATIONS;

CODE	GTIN	DOT Code	PACK DESCRIPTION	GROSS WT.	NET WT.
102162	00015094021626	49344	2/8 LB. BAGS	16.7 LBS	16LBS

## SHIPPING INFORMATION;

LENGTH	WIDTH	HEIGHT	VOLUME	TI x HI	SHELF LIFE	STORAGE TEMP From/To
14 ½ IN	8 1/4 IN	5 IN	0.3461	13/9	540 Days	-10 FAH / 0 FAH

## INGREDIENT INFO

WATER, DICED POTATOES (POTATOES, SODIUM ACID PYROPHOSPHATE ADDED TO PROTECT COLOR), BEANS, DICED TOMATOES (TOMATOES, TOMATO JUICE, CALCIUM CHLORIDE, CITRIC ACID), ONION, CORN, GREEN BEANS, ROASTED VEGETABLE BASE (A BLEND OF VEGETABLES [PUREES {CARROT, CELERY, ONION, SAUTEED ONION, RED BELL PEPPER}, DEHYDRATED [TOMATO, CARROTS, GREEN BELL PEPPER, ONION], JUICES [ONION, GARLIC, SHALLOT, CARROT], SUGAR, SALT, YEAST EXTRACT, HYDROLYZED CORN PROTEIN, CONTAINS 2% OR LESS OF THE FOLLOWING: MALTODEXTRIN, CANOLA OIL, NATURAL FLAVOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, MODIFIED CORN STARCH, SPICE, HYDROLYZED SOY PROTEIN, BURGUNDY WINE SOLIDS), CARROTS, PEAS, TOMATO PASTE, CELERY, MODIFIED FOOD STARCH, VINEGAR (WHITE DISTILLED VINEGAR AND FILTERED WATER), GARLIC, BASIL, OLIVE OIL, BROWN SUGAR, SALT, PEPPER, PARSLEY.

CONTAINS: SOY

HANDLING SUGGESTIONS	PREP & COOKING SUGGESTIONS	BENEFITS
All products should be kept frozen. Products may be thawed in the refrigerator to speed preparation time. Never thaw products at room temperature. Reheating cooked product or adding reheated product to fresh product is not recommended.	Place unopened bag of product in a large pot of boiling water. Lower heat and simmer until product reaches internal temperature of 165°F, approximately 40 - 50 minutes from frozen or 20 - 25 minutes from thawed state. Internal temperature can be checked by removing bag from water and folding it, unopened, around a stemmed thermometer. Transfer to a serving container and hold at 150°F –160°F until served.	Ready to use, simply heat and serve. Consistent every time.