

ITEM FACT SHEET

SPLIT PEA WITH HAM

Hot and hearty. Made the old-fashioned way with green split peas simmered tender with smoky diced ham and diced sweet onions.



Nutrition Facts	
32	Servings per container
Serving Size	8 oz.
Amount Per Serving	
Calories	180
<small>% Daily Value*</small>	
Total Fat	1 g 1%
Saturated Fat	0 g 1%
Trans Fat	0 g
Cholesterol	10 mg 3%
Sodium	880 mg 38%
Total Carbohydrate	31 g 11%
Dietary Fiber	11 g 39%
Total Sugars	4 g
Includes	0 g Added Sugars 0%
Protein	13 g
Vitamin D	0 mg 0%
Calcium	25 mg 2%
Iron	2 mg 10%
Potassium	418 mg 8%

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



PRODUCT SPECIFICATIONS;

CODE	GTIN	DOT Code	PACK DESCRIPTION	GROSS WT.	NET WT.
102222	00015094022227	49419	2/8 LB. BAGS	16.7 LBS	16 LBS

SHIPPING INFORMATION;

LENGTH	WIDTH	HEIGHT	VOLUME	TI x HI	SHELF LIFE	STORAGE TEMP From/To
14 ½ IN	8 ¼ IN	5 IN	0.3431	13/9	540 Days	-10 FAH / 0 FAH

INGREDIENT INFO

WATER, SPLIT PEAS, HAM (CURED WITH: WATER, DEXTROSE, SALT, MODIFIED FOOD STARCH, POTASSIUM LACTATE, SODIUM PHOSPHATES, SODIUM DIACETATE, SODIUM ERYTHORBATE, SMOKE FLAVORING, SODIUM NITRITE, MAY CONTAIN SODIUM ASCORBATE), ONION, FOOD STARCH - MODIFIED, SALT, CHICKEN BASE (ROASTED CHICKEN, SALT, SUGAR, HYDROLYZED CORN PROTEIN, CHICKEN FAT, ONION POWDER, DISODIUM INOSINATE, DISODIUM GUANYLATE, EXTRACTIVE OF TURMERIC, SPICE EXTRACTIVE), WORCESTERSHIRE SAUCE (WATER, VINEGAR, HIGH FRUCTOSE CORN SYRUP, SALT, CARAMEL COLOR, MOLASSES, DEXTROSE, MONOSODIUM GLUTAMATE, SUGAR, NATURAL FLAVORS (SPICE EXTRACTIVES), SPICES, CITRIC ACID, POTASSIUM CITRATE, NATURAL SMOKE FLAVOR, POLYSORBATE 80, MALIC ACID), SMOKE FLAVOR (WATER 74%, NATURAL HICKORY SMOKE CONCENTRATE 26%).

CONTAINS: WHEAT, SOY

HANDLING SUGGESTIONS	PREP & COOKING SUGGESTIONS	BENEFITS
All products should be kept frozen. Products may be thawed in the refrigerator to speed preparation time. Never thaw products at room temperature. Reheating cooked product or adding reheated product to fresh product is not recommended.	Place unopened bag of product in a large pot of boiling water. Lower heat and simmer until product reaches internal temperature of 165°F, approximately 40 - 50 minutes from frozen or 20 - 25 minutes from thawed state. Internal temperature can be checked by removing bag from water and folding it, unopened, around a stemmed thermometer. Transfer to a serving container and hold at 150°F -160°F until served.	Ready to use, simply heat and serve. Consistent every time.