

ITEM FACT SHEET

CHICKEN ENCHILADAS – 7 OZ

Seasoned, all white meat chicken, picante sauce and pepper jack cheese in fresh tortilla shells dipped in enchilada sauce and individually wrapped in deli paper.



Nutrition Facts

24	Servings per container	
Serving Size	7 oz.	
Amount Per Serving		
Calories	290	
<small>% Daily Value*</small>		
Total Fat	9 g	12%
Saturated Fat	4 g	20%
Trans Fat	0 g	
Cholesterol	30 mg	10%
Sodium	920 mg	40%
Total Carbohydrate	34 g	12%
Dietary Fiber	1 g	4%
Total Sugars	3 g	
Includes	0g Added Sugars	0%
Protein	17 g	
Vitamin D	0 mg	0.0000
Calcium	125 mg	10%
Iron	2 mg	10%
Potassium	92 mg	2%



PRODUCT SPECIFICATIONS;

CODE	GTIN	DOT Code	PACK DESCRIPTION	GROSS WT.	NET WT.
109837	00015094098376	49668	24/7 OZ	11.1 LBS	10.5 LBS

SHIPPING INFORMATION;

LENGTH	WIDTH	HEIGHT	VOLUME	TI x HI	SHELF LIFE	STORAGE TEMP From/To
14 ½ IN	8 ¼ IN	4 ½ IN	0.25	13/10	540 Days	-10 FAH / 0 FAH

INGREDIENT INFO

FILLING [CHICKEN, PASTEURIZED PROCESS MONTEREY JACK WITH PEPPERS CHEESE (WATER, CHEESE {MILK, CHEESE CULTURE, SALT, ENZYMES}, PALM OIL, MODIFIED FOOD STARCH, WHEY, SODIUM PHOSPHATE, SALT, JALAPENO PEPPERS, XANTHAN GUM, SODIUM ALGINATE, SORBIC ACID {PRESERVATIVE}, LACTIC ACID), WATER, ONIONS, BELL PEPPERS, WHEAT FLOUR ENRICHED (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, MALTODEXTRIN), TOMATO PASTE (TOMATOES), VINEGAR (WHITE DISTILLED VINEGAR AND FILTERED WATER), TACO SEASONING (SALT, SPICES, MALTODEXTRIN, PAPRIKA, GARLIC), SALT, ONIONS, JALAPENO PEPPERS, GARLIC, XANTHAN GUM]; TORTILLAS [FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, VEGETABLE SHORTENING (CONTAINS ONE OR MORE OF THE FOLLOWING: PALM OIL, SOYBEAN OIL, AND/OR CORN OIL), CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, SUGAR, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), MONO- & DI- GLYCERIDES, ENZYMES, FUMARIC ACID, CALCIUM PROPIONATE, SORBIC ACID, AND DOUGH CONDITIONER (SODIUM METABISULPHITE); SAUCE [WATER, WHEAT FLOUR ENRICHED (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, MALTODEXTRIN), CHILI SEASONING (SPICES, SALT, MALTODEXTRIN, GARLIC, TORULA YEAST, AUTOLYZED YEAST, AND LESS THAN 2% SOYBEAN OIL & SILICON DIOXIDE ADDED AS PROCESSING AIDS), MODIFIED WHEAT STARCH, XANTHAN GUM].

CONTAINS: WHEAT, SOY, MILK

HANDLING SUGGESTIONS	PREP & COOKING SUGGESTIONS	BENEFITS
All products should be kept frozen. Products may be thawed in the refrigerator to speed preparation time. Never thaw products at room temperature. Reheating cooked product or adding reheated product to fresh product is not recommended.	Product requires further cooking. Cook product to an internal temperature of 165°F. Microwave oven: microwave times may vary due to microwave wattage. Wrap in plastic wrap or place in covered microwave safe dish. Frozen: cook on high 3 ½ - 4 ½ minutes. Thawed: cook on high 1 ½ - 2 ½ minutes. Conventional oven: preheat oven to 350 °F. Frozen: place in shallow sprayed dish. Cover and cook for 40-45 min. Thawed: place in a shallow sprayed dish. Cover and cook for 15-20 min.	Ready to use. May be prepared from thawed or frozen state. Product may be heated in a microwave or conventional oven to proper temperature.