

ITEM FACT SHEET

CHICKEN SAUSAGE GUMBO

We create a Cajun-spiced tomato base, then add okra, tomatoes, sweet white onions, green bell peppers and white rice. We finish by adding chunks of tender, all-white-meat chicken and slices of mildy spiced Andouille sausage.

Nutrition Facts

32	Servings per container	
Serving Size		8 oz.
Amount Per Serving		
Calories		160
% Daily Value*		
Total Fat	6 g	8%
Saturated Fat	1.5 g	8%
Trans Fat	0 g	
Cholesterol	25 mg	9%
Sodium	880 mg	38%
Total Carbohydrate	17 g	6%
Dietary Fiber	1 g	3%
Total Sugars	3 g	
Includes	0 g Added Sugars	0%
Protein	9 g	
Vitamin D	0 mg	0%
Calcium	23 mg	2%
Iron	1 mg	4%
Potassium	93 mg	2%

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



PRODUCT SPECIFICATIONS;

CODE	GTIN	DOT Code	PACK DESCRIPTION	GROSS WT.	NET WT.
161082	00015094610820	452490	2/8 LB. BAGS	16.7 LBS	16LBS

SHIPPING INFORMATION;

LENGTH	WIDTH	HEIGHT	VOLUME	TI x HI	SHELF LIFE	STORAGE TEMP From/To
14 ½ IN	8 1/4 IN	5 IN	0.346	13/8	540 Days	-10 FAH / 0 FAH

INGREDIENT INFO

WATER, CHICKEN, ANDOUILLE SAUSAGE (PORK, BEEF, WATER, SALT, CORN SYRUP SOLIDS, SPICES, ONION POWDER, DEXTROSE, PAPRIKA, SODIUM ERYTHORBATE, FLAVORING, SODIUM NITRITE), OKRA, RICE (ENRICHED LONG GRAIN PARBOILED RICE, IRON (FERRIC ORTHOPHOSPHATE), NIACIN, THIAMINE (THIAMIN MONONITRATE) AND FOLIC ACID), TOMATO (DICED TOMATOES, TOMATO JUICE, CALCIUM CHLORIDE, CITRIC ACID), ONION, MODIFIED WHEAT STARCH, TOMATO PASTE, CELERY, GREEN BELL PEPPER, CHICKEN BASE (ROASTED CHICKEN, SALT, SUGAR, HYDROLYZED CORN PROTEIN, CHICKEN FAT, ONION POWDER, DISODIUM INOSINATE, DISODIUM GUANYLATE, EXTRACTIVE OF TURMERIC, SPICE EXTRACTIVE), RICE FLOUR, SALT, BUTTER FLAVOR OIL (LIQUID AND HYDROGENATED SOYBEAN OIL, SALT, SOY LECITHIN, NATURAL & ARTIFICIAL FLAVOR, BETA CAROTENE (COLOR), TBHQ AND CITRIC ACID ADDED TO PROTECT FLAVOR, DIMETHYLPOLYSILOXANE, AN ANTI-FOAMING AGENT ADDED), GARLIC, HOT SAUCE (AGED CAYENNE RED PEPPERS, VINEGAR, WATER, SALT, AND GARLIC POWDER.), GUMBO SEASONING (SALT, SPICES, MONOSODIUM GLUTAMATE, DEXTROSE, MALTODEXTRIN, ONIONS, BELL PEPPERS, SOY OIL, NOT MORE THAN 2% SILICON DIOXIDE ADDED TO PREVENT CAKING), SPICES.

CONTAINS: WHEAT, SOY.

HANDLING SUGGESTIONS	PREP & COOKING SUGGESTIONS	BENEFITS
All products should be kept frozen. Products may be thawed in the refrigerator to speed preparation time. Never thaw products at room temperature. Reheating cooked product or adding reheated product to fresh product is not recommended.	Place unopened bag of product in a large pot of boiling water. Lower heat and simmer until product reaches internal temperature of 165°F, approximately 40 - 50 minutes from frozen or 20 - 25 minutes from thawed state. Internal temperature can be checked by removing bag from water and folding it, unopened, around a stemmed thermometer. Transfer to a serving container and hold at 150°F -160°F until served.	Ready to use, simply heat and serve. Consistent every time.